

Scottish Country Dancing

for Fun, Fitness & Friendship



Want to Get Fit & Keep Fit
Improve Your Wellbeing
Try the Scottish Way & Enjoy Social Dancing.

- No need for a partner - Suitable for all ages
- Soft shoes or trainers - Casual clothing

Weekly Classes:

Wednesdays 10:00 to 12:00 noon

Thursdays 7:30 to 10:00 pm

[Dancing season from Sept to June]

Held at St Andrews Parish Hall, Old Church Street
Aylestone, Leicester, LE2 8ND

Fully Trained and Qualified Teachers will ensure all beginners are put at ease and are guided through each stage of a dance.
Come and try for yourself.
ONE FREE Taster Session so you can see what you're missing
COME and Join in the FUN.

A Warm Welcome Awaits You

www.rscdsleicester.org.uk

Contact: Stella Moore 07890 519 539
stella@rscdsleicester.org.uk

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