## Scottish Country Dancing

for Fun, Fitness & Friendship





Want to Get Fit & Keep Fit
Improve Your Wellbeing
Try the Scottish Way & Enjoy Social Dancing.

No need for a partner - Suitable for all ages

Soft shoes or trainers - Casual clothing

Weekly Classes:

Wednesdays 10:00 to 12:00 noon Thursdays 7:30 to 10:00 pm

[Dancing season from Sept to June]

Held at St Andrews Parish Hall,

Old Church Street, Aylestone, Leicester, LE2 8ND

£4

Per class

Fully Trained and Qualified Teachers will ensure all beginners are put at ease and are guided through each stage of a dance.

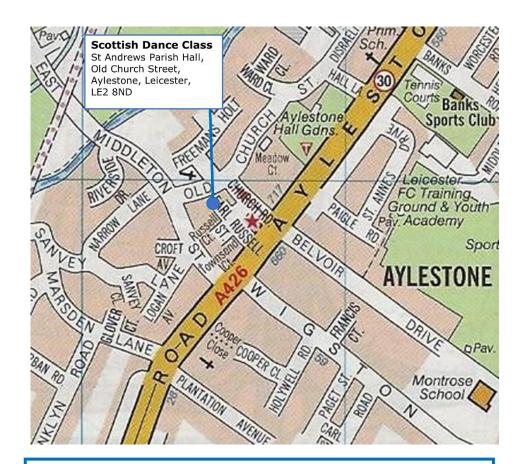
Come and try for yourself.

ONE FREE Taster Session so you can see what you're missing COME and Join in the FUN.

## A Warm Welcome Awaits You

www.rscdsleicester.org.uk

Contact: Stella Moore 07890 519 539 stella@rscdsleicester.org.uk



Directions from Aylestone Road A426 – turn into Church Road (one way street) at the end turn left into Old Church St and the entrance to St Andrews Hall car park is on the left. See you there!

We look forward to meeting you.

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